



Healthcare SaaS

How to capture new markets faster with Kubernetes
and cloud-native compliance

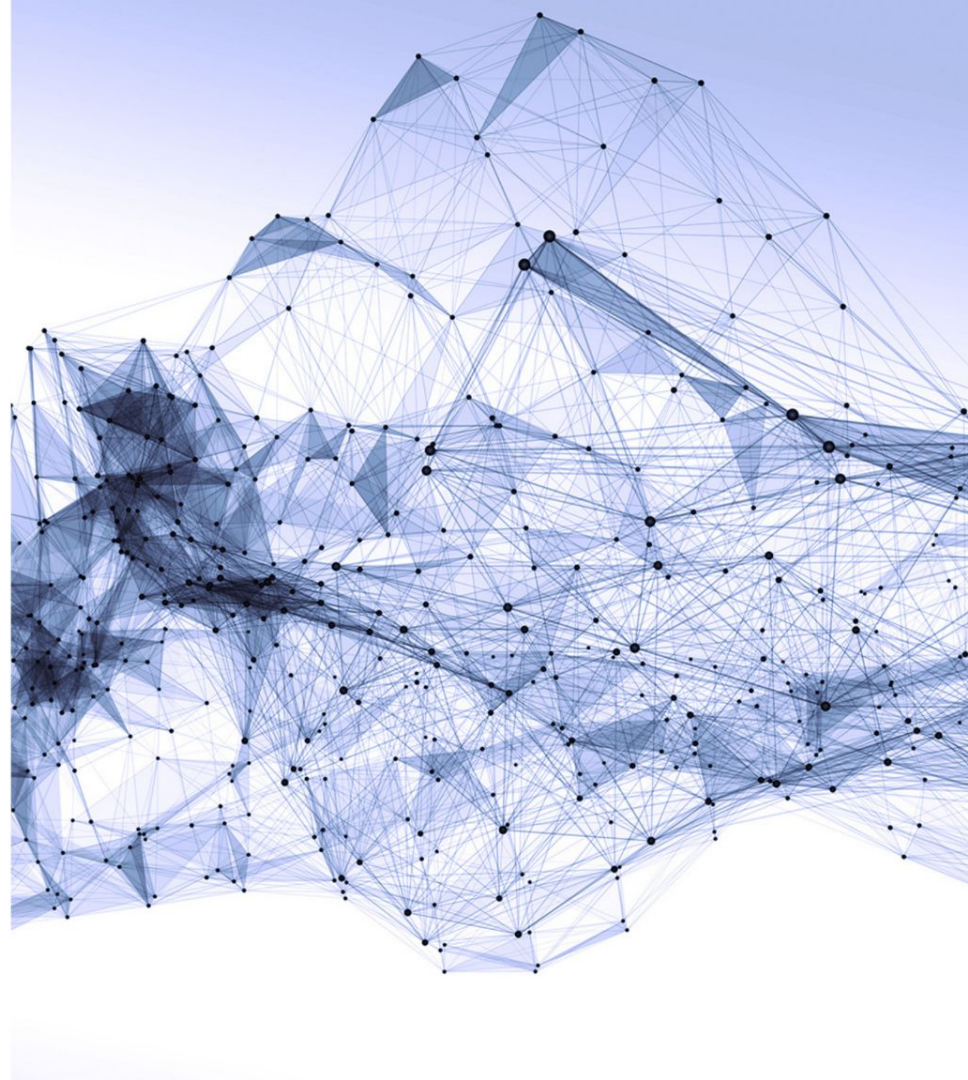
22nd June, 11.30-12.00 CEST





Healthcare SaaS challenges

1. Need for speed drives cloud adoption
2. PII breaches can cause really bad PR (Vastamoo, 1177 etc)
3. Increased GDPR and security demands in public procurements
4. [Increased activity & GDPR fines](#) by DPAs
5. International healthcare SaaS means:
 - a. Many national regulations
 - b. Locality requirements drives hybrid deployments across multiple public clouds + onprem
6. Hosting EU citizens PII on American cloud providers, even in EU DCs, are not legal due to the fall of Privacy Shield





Intro



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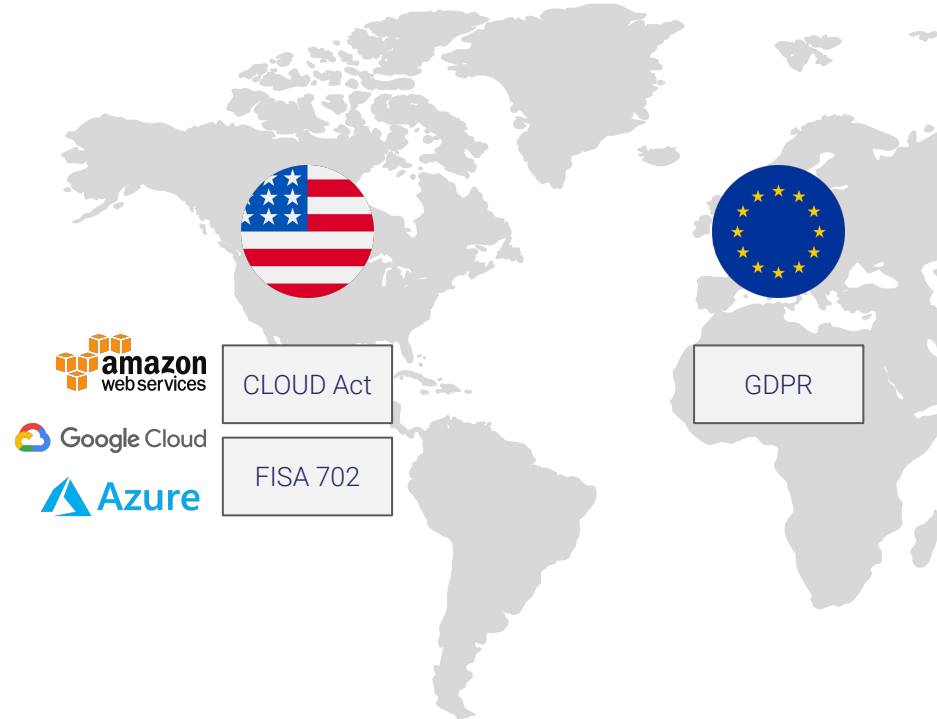
FISA, Cloud Act and the Fall of Privacy Shield

CLOUD Act: US law to compel US entities to provide access to information under their control, regardless of location.

GDPR: EU data privacy law. [EDPB updated data transfer recommendations](#) (21/6 2021).

Privacy Shield: Previous US-EU personal data transfer framework, invalidated by the European Court of Justice in July 2020.

FISA: Foreign Intelligence Surveillance Act. US amendment; section 702 authorizes foreign surveillance by the NSA which was deemed incompatible with the GDPR.



Data sovereignty: Your cloud provider's HQ plus territories where your data can be transferred



Health data compliance key aspects

Data Privacy
in Europe



Health data
hosting specific



Security & data
protection



Public Sector
IT security





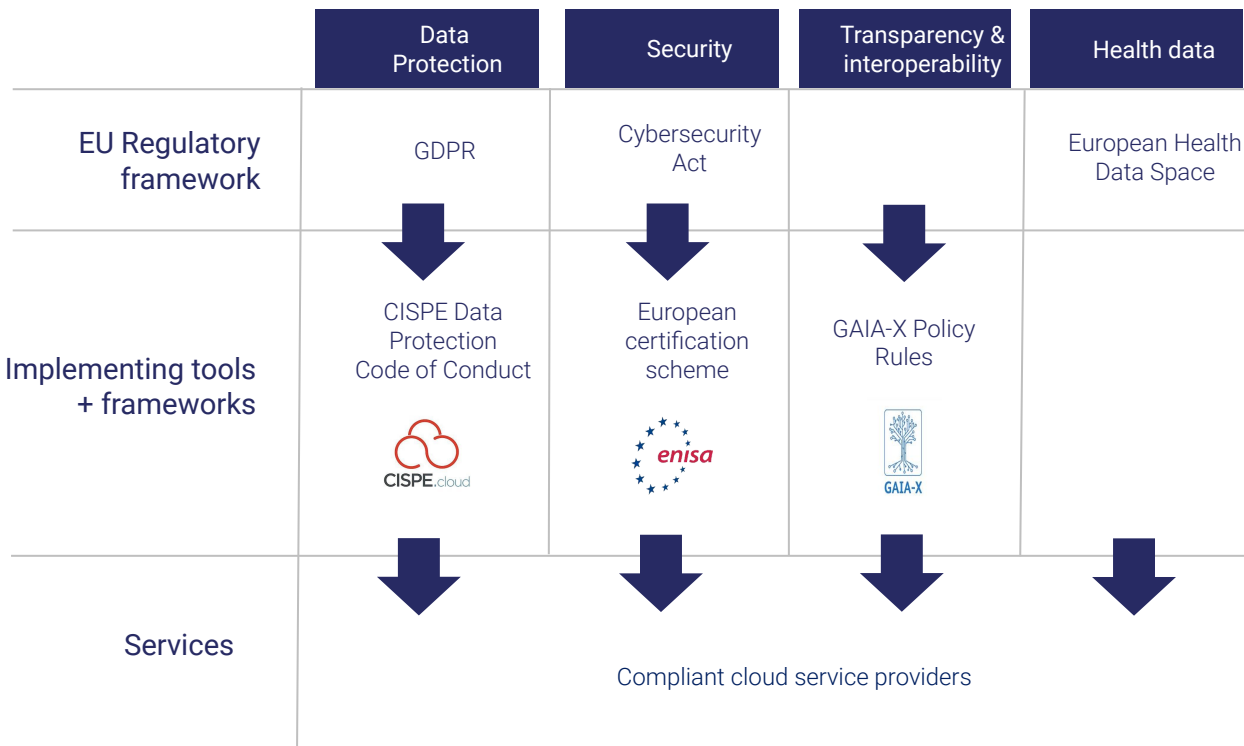
Health data compliance across EU and USA



	France	Germany	Poland	Italy	UK	USA
GDPR?	✓	✓	✓	✓	✓ (temp)	✗
Personal data hosting national regulations	Loi Informatique et Libertés 1978	§ 203 StGB criminal law (2019)	PDPA 1997	IDPA 196/2003	DPA 2018/2021	CA CCPA & NYC Shield Act
Health data hosting national regulations	HDS certification	Landers State Hospitals Acts	Articles 13 - 14 of the Act on Patients Right	No	NHS Data Security protection toolkit	HIPAA
Health data storing and processing localization	EU only (SCC not applicable)	EU only (SCC not applicable)	GDPR SCC applicable	GDPR SCC applicable	UK, EU, US	US
CSP security national certifications	ANSSI SecNumCloud	BSI CS, IT-Grundschutz Catalogues, SaaS Sicherheitsprofile	Zuch framework	AgID Cloud certification	Cyber Security Essentials Plus	FEDRamp
Health public sector GTM for CSPs	CAIH, uniHA, RESAH	Landers level	ZUCH marketplace	AgID Cloud marketplace	G-Cloud	



European initiatives





Cloud native to the rescue: compliance everywhere!

Cloud native:

- Innovation speed
- Scalability
- High availability
- Cloud agnosticity through open source

Often achieved using containers and Kubernetes. Needs to be **customized** to run in a compliant manner.



**CLOUD NATIVE
COMPUTING FOUNDATION**



Management hands you a list like this

ISO 27001

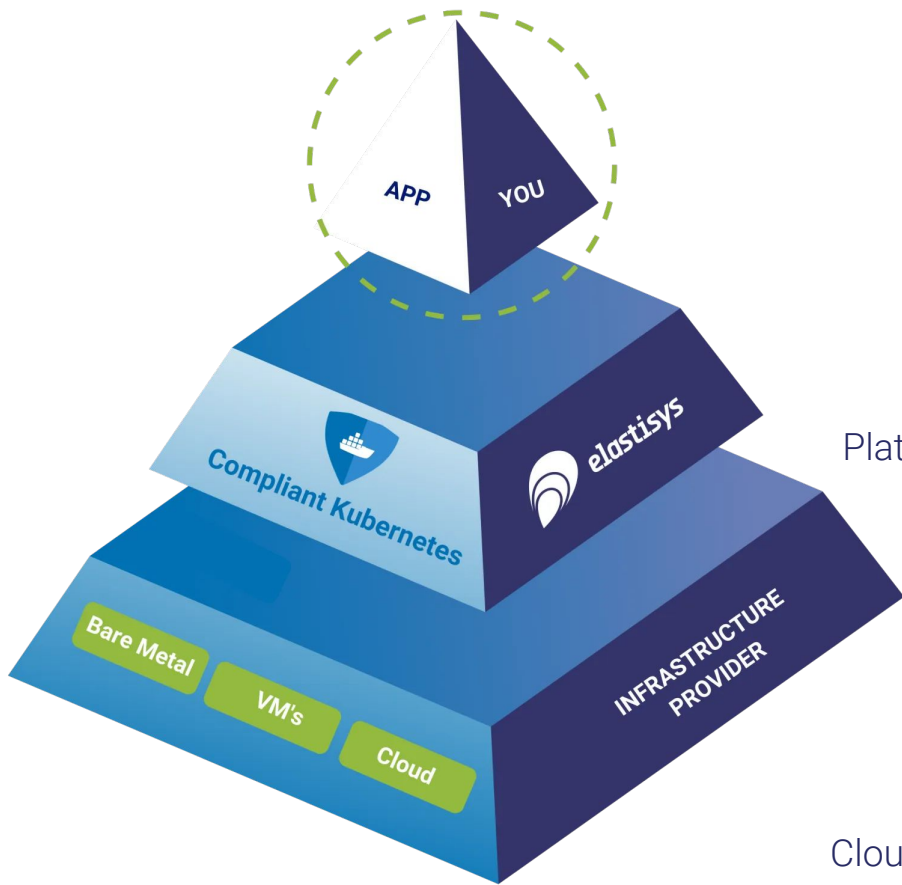
- Control A.5:** Information Security Policies
- Control A.6:** Organisation of Information Security
- Control A.7:** Human Resource Security
- Control A.8:** Asset Management
- Control A.9:** Access control
- Control A.10:** Cryptography
- Control A.11:** Physical and Environmental Security
- Control A.12:** Operations Security
- Control A.13:** Communications Security
- Control A.14:** System Acquisition, Development & Maintenance
- Control A.15:** Supplier Relationships
- Control A.16:** Information Security Incident Management
- Control A.17:** Information Security Aspects of Business Continuity Management
- Control A.18:** Compliance

GDPR

- Article 5.1.e:** Keep data no longer than necessary
- Article 5.1.f:** Prevent accidental loss, unauthorized access
- Article 5.2:** Accountability of processor
- Article 6:** Lawfulness of processing
- Article 7:** Conditions for consent
- Article 7.3:** Right to withdraw consent
- Article 13.2.a:** Transparent period for data processing
- Article 17:** Right to be forgotten
- Article 20:** Right to data portability
- Article 25:** Data protection by design and by default
- Article 30:** Records of processing activities
- Article 32:** Security of processing
- Article 33:** Notification of a personal data breach to the supervisory authority
- Article 34:** Communication of a personal data breach to the data subject



Compliance runs across the stack



	Controls	
You	Application security	Training
	Policies	Processes
Platform level	Disaster recovery	OS level patching
	Antivirus	Networking
	Secret management	Security patching
	Upgrades	Backups
	Monitoring	Logging
	Intrusion detection	Breach reporting
Cloud provider	Physical security	IaaS security



What does running a production grade container platform in healthcare mean?

	VANILLA KUBERNETES	Compliant Kubernetes
RUN CONTAINERS	✓	✓
CLOUD-SPECIFIC INTEGRATION	✓	✓
MULTI-CLOUD	✓	✓
AUTOMATED CERTIFICATE MANAGEMENT	✗	✓
VULNERABILITY SCANNING	✗	✓
INTRUSION DETECTION	✗	✓
SECURITY HARDENING	✗	✓
MONITORING & LOGGING STACK	✗	✓
CISO DASHBOARDS	✗	✓
AUTOMATED BACKUPS	✗	✓
IDP INTEGRATION	✗	✓



What best practices should you adopt to deliver cloud-agnostic and according to all regulations?





Platform: Build or buy?

Build; everything is open source!

You can build and run it yourself

- Good to have; a 24/7 ops team with Kubernetes and container security skills
- Business case:
 - What SLOs do you have?
 - Is competence scarce or expensive?
 - Are you keeping up with the evolving landscape?

Buy

1. Buy and glue together services
 - a. *American hyperscalers*: Decently easy and you can get everything on a single cloud
 - b. *European clouds*: Currently not as complete service catalogues (but improving!)
2. Buy a fully managed service
 - a. You can get a completely managed stack; containers, logging, monitoring, security, databases, message queues etc
 - b. Enables the same experience and stack across multi-cloud



IaaS: How do you evaluate EU cloud providers?

- Legal jurisdiction
- Platform services for your use case
 - DBaaS, storage, MQaaS, MLaaS, Analytics, FaaS etc
- SLAs and uptime history
- Data center footprint for your markets
- Certifications
- Network connectivity to regional healthcare networks
- Specific controls you need to solve (disaster recovery options, multi AZ etc)





AMA



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